

Happy Birthday America...

Independence Day honors the Birthday of the United States of America and the signing of the Declaration of Independence on July 4, 1776. That year, the estimated number of people living in the newly independent nation was 2.5 million.¹ In comparison, the population this July Fourth is 304 million.² More than 74 million of those Americans said they took part in a barbecue during the previous year...it's probably safe to assume a number of these celebrations took place on Independence Day.³

Did you know there is more than a one in four chance that the hot dogs and pork sausages consumed during your picnics originated in Iowa, while the steaks and burgers come from the Lone Star State? If not from Texas, the beef very well may have come from Nebraska or Kansas. The odds are about four in ten that your side dish of baked beans originated from North Dakota, whereas more than half of the nation's spuds were produced in Idaho or Washington State for your potato salad and chips.⁴ Whether you are preparing for a family gathering or attending one, we hope you enjoy a safe and happy Fourth of July!



JULY | 2009



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1.	2.	3.	4. Independence Day
5.	6.	7.	8.	9.	10.	11.
12.	13.	14.	15.	16.	17.	18.
19.	20.	21.	22.	23.	24.	25.
26.	27.	28.	29.	30.	31.	

Essentials of a Will
1:00 p.m. – 3:00 p.m., Friday, July 24, Fort Collins

Additional details on reverse...

Sources:
 1. www.census.gov/prod/www/abs/statab.html
 2. www.census.gov/main/www/popclock.html
 3. www.census.gov/prod/www/statistical-abstract.html
 4. www.nass.usda.gov

Women's Series

Essentials of a Will

1:00 p.m. – 3:00 p.m., Friday, July 24, 2009

The Theater at MacKenzie Place

4750 Pleasant Oak Drive, Fort Collins

If you don't have a will, or you are thinking about revising your current one, this seminar will include information that will be helpful to you. Fran Kimes, Assistant Vice President, Senior Trust Administrator, First National Bank Investment Management & Trust will cover what to discuss with your attorney; how to choose your personal representative (executor) and trustee based on the responsibilities of each job; how to distribute household and personal items; when to change beneficiaries; what happens if you become disabled by accident or age; where to store your important documents, and much more. There is no charge for this seminar, but reservations are requested. Seating is limited. Please RSVP to Jo Nell Lynd at 970.495.1293 or email jlynd@1stnationalbank.com by Friday, July 17th.

SAVE THE DATE:

Financial Fitness for Women: Retire Well in Uncertain Times

2:00 p.m. - 4:00 p.m., Tuesday, September 22, 2009

Jay's Bistro

137 West Oak Street, Fort Collins

Presenter: Lisa Whannel, QKA

Vice President & Retirement Plan Services Manager

First National Bank Investment Management & Trust

Financial Fitness for Women: Planning for Your Future

2:00 p.m. - 4:00 p.m., Thursday, November 5, 2009

The Stonehouse Grille

125 South College Avenue, Fort Collins

Presenter: Kathleen Thompson, CFP®

Account Executive

First National Bank Investment Management & Trust

IN THE KNOW

- ⋮ The Women's Series Calendar is mailed to you on a monthly basis, and we hope that you will join us for some of our events.
- ⋮ However, should you decide that you'd rather not receive event information, please contact Louise Kuntzelman at 970.495.9353 or via e-mail at
- ⋮ lkuntzelman@1stnationalbank.com.
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